



DMA NEWS BULLETIN

FORTNIGHTLY

DELHI MEDICAL ASSOCIATION

VOLUME 51
ISSUE-10

OFFICIAL ORGAN OF DELHI STATE BRANCH INDIAN MEDICAL ASSOCIATION

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PAGES

25th August, 2019 | Email: delhimedicalassociation@gmail.com | Web: www.delhimedicalassociation.com | Price Rs. 5.00

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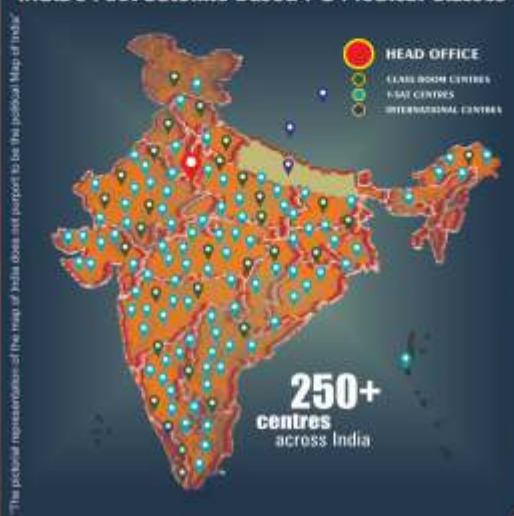
TEACHING DOCTORS FOR PG (MD/MS) ENTRANCE SINCE 1999

"Achievements by DAMSONIANS in 2018-19"

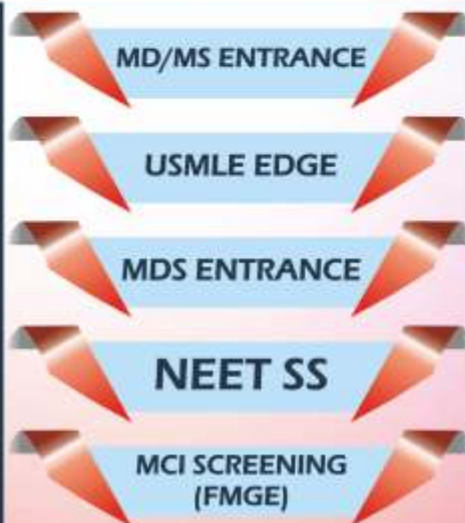


AIIMS / PGI 2019 Dr. Bhavesh M.	JIPMER 2019 Dr. Praveen Kumar	NEET PG 2019 Dr. Aishwarya S. Durgad	AIIMS 2018 Dr. Umang Arora	JIPMER 2018 Dr. Amiya Ranjan Nayak	DNB 2018 Dr. Nivedita KH
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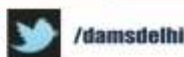
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Blood Cell Counts : New parameters & Advantages of Latest Fluorescence Flowcytometry based Hematology Analyzers

- ✓ **Third Generation Fluorescent Flowcytometry based Hematology Analyzers** generate accurate and reliable Blood cell counts including Platelet Counts which are at par with IRM-International Reference Method.
- ✓ These analyzers generate advanced parameters such as **Immature Platelet Fraction (IPF)**, **Fluorescent Platelet Count (PLT-F)**, **Immature Granulocytes (IG)**, **Nucleated RBCs (NRBC)**, **Reticulocyte count** & **RET-He** which are useful for patient care.
- ✓ First generation **Impedance Technique based** Hematology Analyzers may **MISCOUNT CELLS** especially **PLATELETS** in abnormal conditions. It is important to **REVIEW SMEAR** or conduct test on **FLUORESCENT FLOWCYTOMETRY** based Hematology Analyzers.

1. Wallace H Coulter discovered **Impedance based** Flow cytometry principle for counting Blood cells in early Fifties.
2. A large number of existing **first generation** Hematology Analyzers continue to use this **low cost – less accurate impedance-based** technique which though can correctly count various blood cells including platelets in normal blood specimen.
3. However, these Hematology Analyzers (Impedance based) tend to miscount cells including platelets especially in abnormal conditions where true blood counts are critical for diagnosis, monitoring and management (including **patients undergoing chemotherapy or suffering from Dengue, Iron Deficiency Anemia, ITP, Autoimmune thrombocytopenic Purpura** etc).
4. Introduced in 1990s **Second Generation** Hematology Analyzers (based on **optical flowcytometry**: using forward and right angle scatters) and latest ultimate **Third Generation** Hematology Analyzers (based on **Fluorescent Flowcytometry**: using Fluorescent dyes for labelling) are capable of generating accurate and reliable results even in abnormal samples.



5. Values reported by Third Generation systems are closest to or at par with **TRUE VALUE**.
6. Third Generation Sysmex XN series Counters installed at NDPC are not only capable of providing precise and accurate results but also generate new advanced parameters such as **Immature Platelet Fraction (IPF)**, **Fluorescent Platelet Count (PLT-F)**, **Immature Granulocytes (IG)**, **Nucleated RBCs (NRBC)**, **Reticulocyte count including RET-He**.

Conditions that may lead to LESS ACCURATE PLATELET counts by IMPEDANCE methodology

LOWER THAN TRUE VALUE:

Giant Platelets: MDS, AML, Bernard-Soulier syndrome & thrombocytopenia
Platelet aggregates: ? EDTA-induced pseudo-thrombocytopenia

HIGHER THAN TRUE VALUE:

Fragmentocytes: Dysplastic RBCs & fragments, Thalassemia, MDS
Micro-erythrocytes: Iron Deficiency anemia, Thalassemia trait
Other particles: WBC fragments and bacteria

New parameters available in Advanced Hematology Analyzers and their utility

Platelet

Platelet Count-F (Fluorescent): Platelet count by fluorescent flowcytometry.

Useful in: Dengue, ITP, Autoimmune thrombocytopenic Purpura etc.

IPF - Immature Platelet Fraction: % of immature platelets (indicates bone marrow platelet production).

Useful in: Differentiating Consumptive processes (Dengue, ITP) & Bone Marrow Suppression (Aplasia, MDS).

White Blood Cells- Leucocytes

Immature Granulocyte % (IG%): IG% indicates severity of immune response (Patients with suppressed immune system).

Useful in: Rapid discrimination of bacterial from viral infections, particularly in children, early recognition of bacterial infection and sepsis in adults ICU patients.

Red Blood Cells- Erythrocytes

Nucleated RBCs (NRBC/100 WBC): Reflection of extreme increase in erythropoietic activity.

Useful in: Assessment of Acute hemolytic episodes, Thalassemia syndromes, Hematological malignancies, Bone marrow metastases of solid tumors. Extramedullary hematopoiesis, Hematopoietic stress (sepsis, massive hemorrhages).

Reticulocyte Hemoglobin (RET-He): Direct measurement of red cell hemoglobin content for rapid evaluation of changing iron status.

Useful in: Precise monitoring of treatment of iron deficiency anemia and evaluation of iron status in persons suffering from Kidney disease (on dialysis), other chronic infections & malignancy.

Reticulocyte Count: Current iron availability for erythropoiesis.

Useful in: Evaluate type of anemia and response to iron therapy.

Stop Dengue



Dengue, Platelet and Immature Platelet Fraction (IPF)

Thrombocytopenia in patients suffering from dengue may cause a steep fall in platelet count, requiring platelet transfusion. However, unnecessary transfusions should be avoided especially when the platelet count is set to rise. IPF% holds a great promise of being a reliable predictor of rise in the platelet counts. Thus it may be used to evaluate the recovery of platelets in patients suffering from Dengue.



9873247824, 23841122



8:30 AM to 6:00 PM



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अध्यक्ष की कलम से....

सर्वप्रथम डॉ. गिरीश त्यागी का आभार व्यक्त करता हूँ, जिन्होंने प्रेसीडेन्ट पेन को लिखने का दायित्व दिया। मेरा व्यक्तिगत मत है कि अध्यक्षीय लेख एसोसिएशन के विचारों को प्रकट करता है और करना चाहिए भी। पिछले दिनों पास हुए नेशनल कमीशन बिल के सेक्शन 32 और NEXT पर डॉ. गिरीश त्यागी ने हमारी चिंताओं से माननीय केन्द्रीय स्वास्थ्य मंत्री डॉ. हर्ष वर्धन (जो सौभाग्यवश हमारी अपनी 105 वर्ष पुरानी संस्था के सक्रिय सदस्य और 1993 में इसी गौरवशाली संस्था के अध्यक्ष भी रहे हैं) को अवगत कराया, जिसपर उन्होंने Rules, Regulations को बनाते समय सभी Stake Holders को विश्वास में लेने और उचित कार्यवाही का आश्वासन दिया।

प्रोफेशन एक संक्रमण काल से गुजर रहा है जिसमें समाज, मीडिया, सरकार का चौतरफा दबाव हमारे ऊपर है जो विभिन्न कानूनों के रूप में सामने आ रहा है – नर्सिंग होम/अस्पताल की फायर NOC, DPCC के प्रावधानों के उलंघन पर नाज़ायज भारी जुर्माना और हाल में ही माननीय न्यायालय द्वारा नर्सों के वेतन की न्यूनतम सीमा तय करना शामिल है। समस्याओं के हल कहीं कोर्ट से, कहीं राजनैतिक और प्रशासनिक लामबंदी से मिलते हैं। इन सभी के हल के लिए हम प्रयासरत हैं और शीघ्र समाधान की अपेक्षा है।

एक मुद्दे पर हम सब को एकमत होना होगा कि अब राज्य द्वारा पारित कानूनों के पालन के सिवाय हमारे पास कोई और विकल्प नहीं है। पास कानून से बचने के लिए Noble Profession के कमजोर परदे के पीछे छिपने से कुछ हासिल नहीं होने वाला है।

DPCC, Fire NOC, CEA, Minimum Salary for Staff Nurse जैसे सभी मुद्दों पर बहुत ही प्रभावी और आक्रामक चौतरफा रणनीति की आवश्यकता है जिसमें सभी वरिष्ठ सदस्यों के अनुभवों का लाभ उठाया जाना चाहिए।

हाल ही में माननीय सर्वोच्च न्यायालय द्वारा ग्रामीण पोस्टिंग को अनिवार्य न किये जाने सम्बन्धी याचिका को खारिज किये जाने को हमें न्याय पालिका की हमारे प्रोफेशन के विषय में बदलती राय के संदर्भ में देखना चाहिये।

अन्तराष्ट्रीय मेडिकल जर्नल की कश्मीर पर अनावश्यक टिप्पणी को DMA ने गम्भीरता से लिया और पत्र लिखकर विरोध जाहिर किया।

एक पॉपुलर टी.वी. शो पर एक आयुर्वेदिक डाक्टर के एलोपैथी दवाई इस्तेमाल करने के बयान पर सम्बन्धित कांऊंसिल को उचित कार्यवाही के लिए भी पत्र लिखा गया।

एक वर्ष कोई भी ठोस परिणाम देने के लिए बहुत छोटा समय होता है पर प्रयास एक टीम के रूप में जारी रहने चाहिए।

गो आबले हैं पांव में, फिर भी रहरवों।
मंजिल की जुस्तजू है तो, जारी रहे सफ़र।।

इस बार की Annual Conference को एक नये रूप और कलेवर में आयोजित करने के लिए आप सभी के सहयोग की अपेक्षा के साथ कलम को विराम.....

डॉ. गिरीश त्यागी
अध्यक्ष

संकलन
डॉ. अश्विनी डालमिया



UNITY IS STRENGTH

DMA has celebrated its Foundation Day on 18th August 2019 (though the day falls on 14th August every year).

This auspicious day reminds us of the vision of our founder seniors who, not only felt the need of the fraternity, to sit together, discuss professional, clinical and social issues, share the views, experiences and present an unified face to the external forces for saving the dignity of profession from onslaught by different quarters.

In that era of minuscule resources, more than one hundred years ago, they not only conceptualized The structure, aims, objectives, strengths and weaknesses etc. but also created the sustainable model which was prudently nurtured by their worthy progeny. Our forefathers richly deserves a big salutation for the commitment and dedication as the soul of their visionary efforts.

On this foundation day, we all must reiterate our commitment to unity of fraternity with democracy in association. Unity and democracy both are indispensable ingredients of any institution and have to be nurtured by one and all, to meet all sorts of external and internal threats respectively.

The democratic structure was in all sanctity, meant for creating inclusiveness and a feeling of personal ownership of all the members which is sine quo none to generate and sustain the commitment. It is very unfortunate that now a days democracy leads to the worst kind of power struggle and thus poses serious threat to the unity.

Needless to mentioned that once unity is dented all external forces starts taking the advantage to push us further down by injudiciously

creating and enacting the unending plethora of draconian acts and regulations. Our fraternity has been under constant attack by these forces over decades in spite of, working hard to ensure our representation at highest positions of governance.

History has taught us that when ever any society fails in maintaining unity and self regulation, it is bullied over by external forces and the state apparatus starts regulating it.

Our absolute failure in protecting the autonomous, democratic and self regulatory character of our regulatory body seems to be a disastrous end result of the ugliest power struggle at highest levels of association and regulatory body. Such situations under disguise of democracy over the years, has dented our unity badly.

Differences of opinion is always possible and should ignite, healthy and mature deliberations within the house, but a strong and unified face should be presented outside which is in larger interest of fraternity. The opposing views should be propelled to generate "in house" support in democratic way, than to cross over the fences for ulterior ends.

Moreover the opposition in association of such dignified class should not be based on worship or hatred for any individual but should be based upon objective and unbiased analysis of issues in front.

Hope better sense prevails on each one of us to control the damage caused to our unity, as made evident to the nation in recent past. Remember, **united we stand and divided we fail and fall.**

Dr. Kamal Parwal
Hony. Associate Editor



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COURSE DIRECTOR &
INTERNATIONAL
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DR. RAKESH K. CHAWLA

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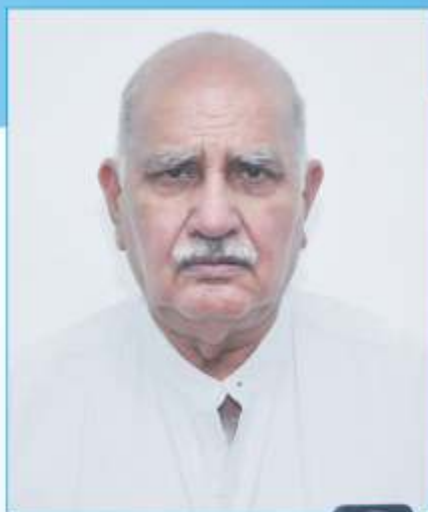
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Hony. State Secretary Pen...

Dear Friends,

This year 105th Foundation Day of Delhi Medical Association was celebrated on Sunday, 18th August 2019 at DMA House. As you all know DMA is older than the IMA Hqs and it s proud for all of us that we are the part of this prestigious more than 100 years old association. The programme culminated with the CME followed by award presentation ceremony in the presence of Hon'ble Dr. Mahesh Sharma former Minister of State for Culture and Member of Parliament alongwith Dr. Ashok Rana, DHS Delhi, Dr. Mahesh Verma, Vice Chancellor, IP University and other eminent dignitaries.

Dr. S.K. Sen Debate competition was also organised on this occasion where 12 debaters of three medical colleges were participated in the Debate competition & present their viewpoint on the topic. I convey my wishes to all of them for the future.

I once again thanks & congratulates all the awardess & members present to make this event a grand success.

I am pleased to inform you that Delhi Medical Association is going to organise its 62nd Annual Delhi State Conference in the month of December. Its a pleasure to welcome you all in the conference .

The success of any conference is with the delegates who participated in the conference. I seek the cooperation and request the Branch Presidents and Secretaries to invite all the members of their respective branches to get registered for the conference. We all work hard to make this conference a memorable event.

Details of the conference will be published in the forthcoming bulletins soon.

Recently the world's oldest, most prestigious, and best known general medical journal The Lancet published the editorial titled "Fear and uncertainty around Kashmir's future" in "The Lancet, Vol394 on August 17th, 2019".

Delhi Medical Association condemns this editorial as It is totally interference into an internal matter of Union of India. The Lancet has no locus standee on the issue of Kashmir. The Lancet has reacted to an internal administrative decision of Government of India under the garb of concern for the health of Kashmiris.

Friends, all the office bearers at the Delhi Medical Association strive to work to resolve the issues related to medical fraternity. Please feel free to contact any of us at any time of need.

Dr. Arvind Chopra
Hony. State Secretary

Dr. B. M. Makkar

M.D., F.I.A.M.S., F.R.C.P. (Glasg)

Sr. Diabetologist & Obesity Specialist

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DMA FIRST PHOTO DIRECTORY

As you are aware that Delhi Medical Association is going to publish its FIRST PHOTO DIRECTORY 2019 for its members.

To reach out more and more members DMA took an initiative and launched online facility (on your computer as well as on mobile) to fill up/check/update your proforma and upload your photograph. It will save your time & money too.

STEPS TO FILL UP ONLINE DIRECTORY PROFORMA

1. Go to DMA website – www.delhimedicalassociation.com
2. You will see DMA DIRECTORY PROFORMA on the top (right hand side)
3. Click on button - Online DMA Directory Proforma.
4. Provide your Branch number and name or mobile number.
5. You will get option to receive OTP on same mobile to verify OR you can send request to update your mobile number to get OTP.
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SMASHING RECORDS BY DAMSONIANS IN 2018-19

NEET PG TOPPERS JAN 2019



AIIMS TOPPERS MAY 2019



PGI TOPPERS MAY 2019



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Glimpses of Meeting of DMA Delegation with Hon'ble Union Health Minister Dr. Harshvardhan on 13th August, 2019 at Nirman Bhawan regarding various problems faced by Medical Fraternity Specially NMC, CGHS rates, Assault on Doctors etc...



DMA FOUNDATION DAY

HELD ON WEDNESDAY, 14TH AUGUST, 2019
GLIMPSES OF FLAG HOISTING CEREMONY AT DMA HOUSE
BY STATE PRESIDENT DR. GIRISH TYAGI



BRANCH NEWS

IMA CENTRAL DELHI BRANCH



IMA Central Delhi Branch

Organises

Wednesday CME on Clinic Empowerment

Dates : 28th, August & 4th September, 2019

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- Diabetic Case based approach in Clinic
- Drug Management of Diabetes

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Dr. D.K. Chauhan, Dr. Ashish Rohatgi, Dr. Meena Chhabra

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President, IMA CDB
Mob. 9810203358

Dr. Ashwini Dalmiya
Secretary, IMA CDB
Mob. 9811542055

Dr. Vinod Goyal
Finance Secretary, IMA CDB
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IMA-EAST DELHI BRANCH

Activity Reports of IMA East Delhi RTM on Endometriosis

IMA East Delhi Branch organized RTM on Endometriosis on 24th July 2019 at IMAEDB Bhawan. Speaker was Dr. Deepa Gupta spoke about Endometriosis and attended by 22 doctors.



Haryali Teej Celebrations

IMA East Delhi Branch celebrated Hariyali Teej on 2nd August 2019 at IMAEDB Bhawan, attended by more than 170 female Doctor Member and spouses of members. Mrs. Anju Kamal Kant Mayor, EDMC graced the occasion as chief guest, she appreciated the work of IMA EDB. Every one enjoyed Mehendi, Chat Papdi, D.J., traditional Jhula and selfie Stations and appreciated the excellent colorful decorations and other arrangements.



IMA SOUTH DELHI BRANCH

DMA Foundation Day award to Dr Ravi Aggarwal (Lifetime Achievement), Dr MP Sharma, Dr Harmeet Singh, Dr Rajiv Sinha & Dr Sandeep Sharma in DMA hall, by MP Dr Mahesh Sharma on 18-08-19.



End TB training programme on 18-08-19 at Sanjeevani Hospital, Jashola organised by master trainer, Dr Nahid. Dr R K Sinha, Dr Ruby Khattar & Dr Vishal Khanna were speakers. Dr Ashwani Khanna, State TB officer, answered all queries. This End TB programme was 7th in series of total 20 which SDB has planned.



IMA-DWARKA BRANCH

TEEJ CELEBRATION (SUNDAY 4TH AUGUST 2019)

Glamorous ladies group of IMA Dwarka organized Teej Festival on 4th August 2019 at Radisson Blu with great participation of all ladies doctors.

The organisers were Dr. Deepmala Lalchandani, Dr. Neeru Kiran, Dr. Ruchi Agarwal, Dr. Bharti Seth and team of IMA Dwarka executives.

All members participated in ramp walk and various games with prizes. It was a memorable event enjoyed by all. Every moment was full of fun.

Dr. Pritam Pankaj
Hony. Secretary



FIRST DMA PHOTO DIRECTORY PROFORMA 2019



Dear Members,

We are pleased to inform you that Delhi Medical Association is going to publish its First DMA Photo Directory 2019 along with DMA Photo ID Card for the members of Delhi Medical Association. You are requested to fill the Proforma (Both for Directory and DMA ID) and send it to DMA office along with your latest photograph. The nominal charge for the Photo ID card is Rs. 100/- . **Send cash/cheque in favour of "DELHI MEDICAL ASSOCIATION".**



(Surname)

(First Name)

(Middle Name)

Name

LM/CLM Branch No.

IMA No. DMC No.

Date of Birth Marriage Anniversary

Blood Group

Educational Qualification

Name of College(MBBS)

University

Speciality

Year of Joining (MBBS)

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Message from the Chairman : Board of Management



Dr D S Rana
Chairman
Board of Management

The Dharma Vira Heart Centre in the hospital is named after the doyen of the yester years' civil services and the chief architect of the modern Sir Ganga Ram Hospital, late Shri Dharma Vira. The Department of Cardiology has one of the largest series of primary angioplasty in the country. All non invasive and Nuclear Cardiology services are available under one roof. There is a robust academic programme and it is a major center for clinical research.

Message from the Chairman : Cardiology

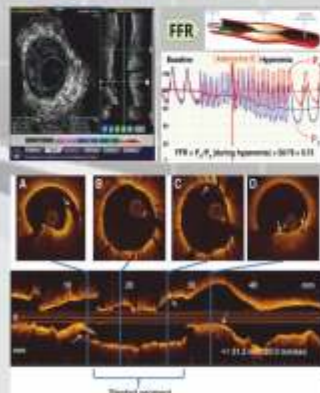


Dr J P S Sawhney
Chairman
Department of Cardiology

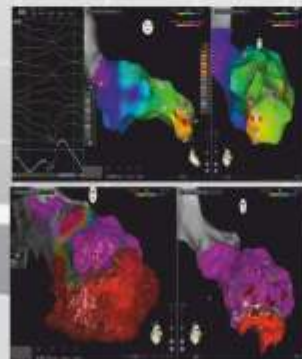
At Dharma Vira Heart Center, it's our desire to provide the society with the highest standard of healthcare services. We ensure delivery of quality care with highest level of expertise from medical experts backed by well trained support staff, robust infrastructure and latest technology. We are committed to provide world-class healthcare services to every cardiac patient at an affordable cost.

Our Recent Advancements

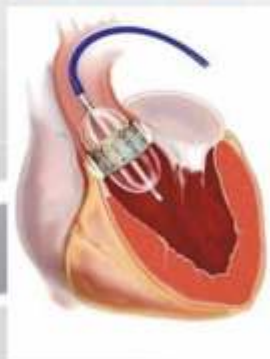
State of the art technologies to optimize Angioplasty & Stenting result by Fractional Flow Reserve (FFR), Intra Vascular Ultrasound (IVUS) & Optical Coherence Tomography (OCT)



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Key Highlights



- ★ A model of successful group practice of Cardiology.
- ★ One of the largest series of Primary Angioplasty in the Country.
- ★ Performing all Pediatric Cardiology procedure & surgeries
- ★ Robust Heart Failure programme including patient care, devices & Heart Transplant with good post-transplant outcome.
- ★ Very successful Cardiac Rehabilitation and Secondary Prevention Program
- ★ A Centre for excellence for cardiac surgeries. All major surgeries including septal myectomy for HOCM & thrombectomy for CTEP performed at the centre.
- ★ All Non-Invasive & Nuclear Cardiology under one roof.
- ★ Robust academic programme of super speciality (DNB) teaching.
- ★ Major centre for clinical research. Various major trials have been done at centre which have changed the clinical practices.
- ★ We are publishing Journal of Preventive Cardiology to spread message to fellow physician.

OUR TEAM



Dr.R.R. Mantri Dr. Rajneesh Jain Dr. Rajat Mohan Dr. Rajiv Passey Dr. Ashwani Mehta



Dr. Arun Mohanty Dr.B. Kandpal Dr. B.S. Vivek Dr. Aman Makhija Dr. Manish K Sharma



Dr. Sangeeta Sachdeva Dr. Anjali Arora Dr. Payal Nindra Dr. Kavita Tyagi



Dr. Kunal Madan Dr. Prashant Wankhade Dr. Abhinav Aggarwal

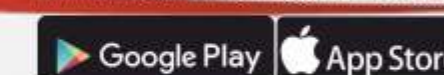
OUR ADVISORS



Dr. P K Khanna Dr.H.L. Kher Dr. S.C. Manchanda



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DEPARTMENT OF CARDIOLOGY

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